

Kingsport, Tennessee Community Food Assistance

- **Central Assembly of God**

1801 McGee Street Kingsport 37660
423-288-7382 (Chan Bishop)

As needed.

- **Central Baptist Church**

301 Carver Street Kingsport 37660
423-245-6978

Bags of food for emergencies available on Wednesday, 12:15 – 1:30 PM. Requirements: photo ID, box for food. Manna Meals delivered on Saturday morning. Call for more information.

- **Colonial Heights Baptist Church**

108 Colonial Heights Road Kingsport 37663
423-239-5123

Food assistance available on Tuesday & Thursday, 9 AM – 2 PM. Requirements: completed form from office with proof of residence in 37663 zip code.

- **Colonial Heights Christian Church**

105 Meadow Lane Kingsport 37663
423-239-2500

Boxes of food provided on Monday, 9 - 10:45 AM. Requirements: call for appointment by noon on Wednesday before visit (call main number, choose option 3 and follow prompts); serving Sullivan County residents.

- **Crossroads United Methodist Church**

200 Bays Cove Trail Kingsport 37660
423-246-2982

Bags of food available Thursday, 10 AM - 12 PM. Requirements: photo ID, visit once each month.

- **First Baptist Church**

3358 Highway 26 (Main St) Blountville 37617
Mail: PO Box 587 Blountville 37617
423-323-8033

Bags of food available on Monday, 1 - 4 PM. Requirements: photo ID; serving Blountville residents.

- **First Broad Street United Methodist Church**

100 E. Church Circle Kingsport 37660
423-224-1531

Bags of food available on Monday & Friday, 9 - 11 AM. Saturday Breakfast served in the Woodyard Center, 6:30 - 8 AM. Sunday Breakfast served in the Woodyard Center, 6 - 7 AM.

- **First Christian Church**

106 E. Charlemont Avenue Kingsport 37660
423-247-5159

Boxes of food available on 2nd Thursday, 9 - 11:30 AM. Requirements: proof of income; return crate from previous visit.

- **Freedom Fellowship**

401 West Sullivan Street Kingsport 37660
423-765-2995

Meals served and food distributed on Saturday, 11 AM - 1 PM. Call for more information.

- **Full Gospel Mission Kitchen of Hope**

740 E. Sevier Avenue Kingsport 37660
423-246-1735

Meals served Monday through Saturday, 3:30 - 5 PM.

- **Gravelly Baptist Church**

647 Gravelly Road Kingsport 37660
(located in former Gravelly Elem School Bldg.)
423-246-6086

Bags of food available on Thursday, 4 – 5:30 PM. Closed on holidays. Requirements: visit once each month; serving Thomas Addition, Gravelly, Lynn Garden residents.

- **Help and Hope Ministries**

St. Luke United Methodist Church
2600 E Center Street Kingsport 37664
423-245-4947

Bags of food available on Saturday, 10 AM - 12 PM. Requirements: photo ID, proof of address; serving residents of 37664 zip code.

- **Heritage First Church of God**

470 Rock Springs Road Kingsport 37663
423-245-4988

Box of food for emergencies available on Thursday, 10 AM - 12 PM. Visit once each month.

- **Higher Ground Baptist Church**

1601 Lynn Garden Drive Kingsport 37665
(inside white HGBC Care House below church)
423-247-6776

Tuesdays & Thursdays, 10 AM - 2 PM

- **Hunger First Tri-Cities TN-VA**

829 Myrtle Street Kingsport 37660
423-579-5202

Bags of food available Tuesday, Thursday, Friday, 9 AM - 3 PM. Meals served (provided by Grace Fellowship Church, Kingsport): Tuesday & Thursday, 12:30 - 1:30 PM

- **Kingsport Senior Center Congregate Nutrition Meal Site**

1200 East Center Street Kingsport 37660
423-246-8060

Kingsport, Tennessee Community Food Assistance

Kiwanis Towers Nutrition Site

2701 East Center Street Kingsport 37664
423-246-0120

Congregate meals are served to senior adults
Monday through Friday at noon.

▪ **Indian Springs Baptist Church, Glenwood Campus**

2601 E. Center Street Kingsport 37664
423-323-2187

Bags of food available on third Tuesday, 6 - 8 PM
by appointment only.

▪ **Indian Springs Community Mission Center**

406 Cooks Valley Road Kingsport 37664
(located at back left corner of old Sunnyside
Baptist Building)
423-288-4341

Food and clothing assistance provided on Monday,
6 - 8 PM, on Wednesday, 10 AM - 12 PM.
Requirements: photo ID, income info, address
proof; serving Greater Indian Springs once each
month; serving all others once every 6 months.

▪ **Ketron Memorial United Methodist**

301 Virgil Avenue Kingsport 37665
423-247-8285, 423-963-0204, 423-246-6792

3rd Tuesday, 9 - 11 AM. Requirements: photo ID,
proof of address (utility bill); serving Lynn Garden
area residents.

▪ **Lifebridge Christian Church**

617 Donelson Drive Kingsport 37660
(behind Jackson Elementary School)
423-246-0005

Boxes of food available on 2nd & 4th Monday,
5:30 - 6:30 PM. Requirements: photo ID, proof of
income.

▪ **Meals on Wheels**

c/o United Way of Greater Kingsport, Inc.
301 Louis Street, Suite 201 Kingsport 37660
423-378-3409 423-247-4511

Lunch time meals delivered Monday through Friday
to your home for approved recipients. Contact
United Way for more information and application.

▪ **Rock Springs United Methodist Church**

231 Church View Drive Ext. Kingsport 37664
423-349-7531

www.rockspringsunitedmethodist.com/food-pantry
Bags of food provided on 4th Tuesday, 5 - 7 PM.
Requirements: proof of income & address (first

visit), photo ID (each visit); serving residents in
Rock Springs, Sullivan Gardens, Fall Branch
communities.

▪ **Salvation Army**

505 Dale Street Kingsport 37660
423-246-6671

Food pantry assistance available Monday through
Thursday, 9 AM – 12 PM Requirements: proof of
income, benefits, or emergency; identification for
each person in household; visit once every 90 days.
Lunch served 7 days/week, 12 - 1 PM.

▪ **Second Harvest Mobile Food Pantries**

Contact Leyla Cruz at 423-279-0430

▪ **Shades of Grace, a United Methodist Congregation**

313 E. Sullivan Street Kingsport 37660
423-765-2440

Dinner served on Sunday at 3 PM. Breakfast
served daily Monday to Friday, 8:30 – 11:30 AM.

▪ **St. Paul's Episcopal Church**

161 E. Ravine Road Kingsport 37660
423-245-5187

Bags of food provided on Wednesday, 9:30 - 11
AM. Requirements: photo ID, proof of income.

▪ **Sullivan County Health Department**

1040 E. Sullivan Street Kingsport 37664
423-279-2777 for appointment

Food provided for pregnant women and children up
to age 5. Requirements: qualify for WIC (Women,
Infants, and Children).

▪ **Tri-Cities Baptist Church**

TouchPoint Community Ministry Food Pantry
171 Promise Land Drive Gray 37615
423-349-7703

Bags of food provided Thursday, 4 - 6 PM.
Requirements: photo ID, proof of address, visit
once each month.

▪ **Waverly Road Presbyterian Church**

1415 Waverly Road Kingsport 37664
423-247-5121

Bags of food provided on Friday, 10 AM - 12 PM.
Requirements: visit once each month.

▪ **Weber City Church of God**

105 Yuma Road Weber City, VA 24290
(Turn at Holston View Cemetery)
276-386-9563

Bags of food provided on 2nd Thursday at 9 AM.